

Stair Steps:

Keep Calm & Climb On
Can't nobody hold you down
What doesn't kill you makes you stronger
Hi ho, hi ho, it's off to work you go
Change happens, one step at a time
One step at a time
Movin' on up
Gotta let it burn
First step to a healthier you
Step in the name of love
Everybody 1,2, step
Ooh, where'd you get those shoes?
Started from the bottom, now you're here
The first step is always the hardest
A step in the right direction
Start off on the right foot
Take a hike
Don't look back. No seriously, you might fall.
Only way to go is up
Walk it off
You're ready, step on up
Walk hard, play hard
Stop and give me 10 calf raises
I'd give you a high five...but
Free workout. - Courtesy of company name.

Elevator Signage or Stairwell Door:

At least you'll know where the fire exit is located

There is no elevator to success; you have to take the stairs
Start off on the right foot, take the stairs
If you'd taken the stairs, you'd be there by now
No chance of me breaking down
I won't leave you hanging... the elevator might
You know how many germs might be trapped in the elevator...
This way to get fit and healthy
One of these days, the stairs are gonna walk all over you
The elevator smells anyway
No awkward silence this way
Go against the grain
Take the road less traveled