

FREE



Fitness

Class



Where: Powhatan
Community Center 5051
Northampton St Richmond, VA
23231

When: Alternating Fridays 6pm-7pm

Bring: Towel, Water, Yoga Mat,
Energy & a POSITIVE Attitude!!



Starting October 10, 2014
For more information contact: Cynthia Lewis
(804) 551-2231 Monica Green (804) 878-0501
Let's get active and have FUN!

Brought to you by the Active RVA Warrior Program